



January 30 - February 10, 2012

SENIOR HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30-Jan</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Popcorn Chicken <u>The Grill</u> BBQ Rib Sandwich <u>Cultural Cuisine</u> Oven Roasted Chicken <u>RAM Express</u> Chef Salad w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Potato Wedges Coleslaw Chilled Pears Fresh Fruit Bowl Apple Slices w/Vanilla Yogurt	<b>31</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Beef Burger <u>The Grill</u> WG Breaded Chicken Sand <u>Cultural Cuisine</u> Spaghetti & Meat Sauce <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Baked Beans Fresh Pepper Strips Seasoned Broccoli Fresh Fruit Bowl School Made Cookie	<b>1-Feb</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> WG Cheese Pizza <u>The Grill</u> Grilled Chicken Sand <u>Cultural Cuisine</u> Chicken Fajita <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Fajita Veggies Shredded Lettuce/Tomato/Salsa Chilled Peaches Fresh Fruit Bowl Frozen Juice Cup	<b>2</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Crispito w/Chili & Cheese <u>The Grill</u> Hamburger on WG Bun <u>Cultural Cuisine</u> Crispito w/Chili & Cheese <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Sliced Tomato & Pickles Capri Mixed Vegetables Texas Caviar/Chips Celery Sticks w/Sunbutter Fresh Fruit Bowl	<b>3</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Lasagna Rolls <u>The Grill</u> Hotdog/Bun <u>Cultural Cuisine</u> Tuna Melt <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Seasoned Corn Mandarin Orange Salad Baby Carrots Fresh Fruit Bowl Cherry Crisp
Monday	Tuesday	Wednesday	Thursday	Friday
<b>6</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Turkey Tenderloin <u>The Grill</u> Bean & Cheese Burrito <u>Cultural Cuisine</u> Soup Choice & Grilled Cheese <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Red Beans & Rice Steamed Broccoli Cucumber Slices Fresh Fruit Bowl Red Grapes	<b>7</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Mozzarella Stuffed Sticks <u>The Grill</u> Spicy Chicken Sandwich <u>Cultural Cuisine</u> Pork Tenderloin <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Italian Dipping Sauce Savory Carrots Applesauce Fresh Fruit Bowl Monster Cookie	<b>8</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> BBQ Pork on a Bun <u>The Grill</u> WG Chicken Strip Wrap <u>Cultural Cuisine</u> Beef Burger <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Tater Tots Green Beans Fresh Fruit Bowl Mixed Fruit Cup Trail Mix	<b>9</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Walking Taco <u>The Grill</u> Cheeseburger on a Bun <u>Cultural Cuisine</u> Chicken Parmesan / Noodles <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Shredded Lettuce/Tomato/Salsa Mixed Vegetables Multi Grain Breadstick Fresh Fruit Bowl Strawberries & Bananas	<b>10</b> <u>The Deli</u> Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> WG Chicken Nuggets <u>The Grill</u> WG Chicken Nuggets <u>Cultural Cuisine</u> Fiestada Pizza <u>RAM Express</u> Chef Salad* w/ Roll Fruit & Yogurt Box w/ Roll  <u>The Sides</u> Romaine Salad/Dressing Mac & Cheese Celery Sticks w/Sunbutter Steamed Vegetables Fresh Fruit Bowl Dried Fruit

WG = Whole Grain (WG buns are utilized for sandwiches); \*Entrees may contain pork; Jr/Sr High Lunch - \$2.60; Jr/Sr High Breakfast - \$1.60

Menu Subject to Change; Fruit and Milk (Skim, Choc Skim, and 1%) Choices Offered Daily. This institution is an equal opportunity provider.



February 13 - February 24, 2012

JUNIOR HIGH

Monday	Tuesday	Wednesday	Thursday	Friday
<b>13-Feb</b> <u>The Grill</u> Grilled Cheese/Soup Choice Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> WG Pizza Choice Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Steamed Corn Baby Carrots Peaches Fresh Fruit Bowl Dried Blueberries Milk Choices <u>Breakfast</u> Breakfast Wrap Fruit/Juice/Milk	<b>14</b> <u>The Grill</u> Spicy Chicken/WG Bun Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> WG Soft Shell Taco Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Pinto Beans Red Grapes Fresh Fruit Bowl Pineapple Fruit Cup Valentine Cookie Milk Choices <u>Breakfast</u> Sausage Pancake/Stick Fruit/Juice/Milk	<b>15</b> NO LUNCH NOON DISMISSAL  <u>Breakfast</u> WG French Toast Fruit/Juice/Milk	<b>16</b> <u>The Grill</u> Meatball Sub Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Cheese Tortellini/Marinara Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Sugar Snap Peas Chilled Pears Multi Grain Breadstick Fresh Fruit Bowl  Milk Choices <u>Breakfast</u> Breakfast Pizza Fruit/Juice/Milk	<b>17</b> NO SCHOOL
Monday	Tuesday	Wednesday	Thursday	Friday
<b>20</b> <u>The Grill</u> Chicken Strips Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> WG Cheese Pepp Flatbread Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Celery Sticks w/SunButter Orange Wedges Dried Cherries Fresh Fruit Bowl Scalloped Potatoes Milk Choices <u>Breakfast</u> WG Waffle Fruit/Juice/Milk	<b>21</b> <u>The Grill</u> Pork Sandwich Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> BBQ Chicken Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Mashed Potatoes Mixed Vegetables Strawberries & Bananas Fresh Fruit Bowl WG Dinner Roll Milk Choices <u>Breakfast</u> Egg & Cheese Bagel Fruit/Juice/Milk	<b>22</b> <u>The Grill</u> Breaded Chicken Sandwich Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Fish Nuggets Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Red Beans & Rice Seasoned Cauliflower Cantloupe Cubes Fresh Fruit Bowl Apple Crisp Milk Choice <u>Breakfast</u> Breakfast Funnel Cake Fruit/Juice/Milk	<b>23</b> <u>The Grill</u> Crispito w/Chili & Cheese Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Crispito w/Chili & Cheese Chef Salad* w/ Roll <u>The Sides</u> Shred Lettuce/Tomatoes Steamed Corn Kiwi Half Texas Caviar Fresh Fruit Bowl Raisins Milk Choices <u>Breakfast</u> Biscuit & Gravy Fruit/Juice/Milk	<b>24</b> <u>The Grill</u> Fish Sandwich Deli Sandwich Choices* Uncrustable PB&J <u>Tasty Traditions</u> Hamburger/WG Bun Chef Salad* w/ Roll <u>The Sides</u> Romaine Salad/Dressing Sweet Potato Fries Pasta Salad Green Beans Fresh Fruit Bowl Oatmeal Cookie Milk Choices <u>Breakfast</u> Breaded Chicken Muffin Fruit/Juice/Milk

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